

MUSTARDSEED HEALTH CARE SERVICES, LLC

HOME HEALTH AIDE EXAM

NAME: _____

DATE: _____

1. Which of the following can cause bed sores?
- a. Good hygiene.
 - b. Lying on one spot for long periods of time.
 - c. Skin lotions.
 - d. Changing positions every 2 hours.

2. Indicate those changes that a Home Health Aide should always report by a phone call to a supervisor. (Check the circle beside your answers. Indicate all answers that are appropriate.)

<input type="checkbox"/> Onset of skin breakdown	<input type="checkbox"/> Onset of slurred speech
<input type="checkbox"/> A temperature of 101 degrees F	<input type="checkbox"/> Onset of unsteady gait
<input type="checkbox"/> Signs of Bruising	<input type="checkbox"/> Patient requesting tasks not on assignment sheet
<input type="checkbox"/> Abusive language	<input type="checkbox"/> Sudden anxiety

3. What is one of the most effective infection control measures a Home Health Aide can use?
- a. Using water as a disinfectant.
 - b. Not touching residents.
 - c. Washing hands.
 - d. Shaking bed sheets before putting them in the laundry hamper.
4. Which of the following is a normal oral temperature?
- a. 96.2 degrees F.
 - b. 98.6 degrees F.
 - c. 99.5 degrees F.
 - d. 101.1 degrees F.
5. Which one of the following helps germs multiply?
- a. Moisture.
 - b. Light.
 - c. Temperatures below 32 degrees F.
 - d. Boiling water.
6. When handling linens of an incontinent client, you should
- a. Always wear gloves.
 - b. Scrub with a brush before washing.
 - c. Carefully shake out linens before washing.
 - d. First rinse with hot water before washing.

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7. Clients who do not drink enough liquids can experience:
- Dehydration.
 - Decubitus ulcers.
 - Loss of hearing in the higher ranges.
 - Diarrhea.
8. One of the best ways to prevent the spread of infection:
- Never talk on the client's phone.
 - Never touch residents with infectious diseases.
 - Always wear latex gloves while on duty.
 - Always wash hands before and after patient contact.
9. If a patient's behavior deviates from their normal persona, you should:
- Reprimand them appropriately.
 - Report their behavior to the supervisory nurse.
 - Restrain them to prevent injury to themselves or to others.
 - Leave them alone and let them get over it.
10. Circle any three (3) safety hazards the Home Health Aide should observe for in every home:
- | | |
|---|---|
| a. Functioning smoke detectors. | e. Loose scatter rugs. |
| b. Frayed electrical wiring. | f. Overloaded electrical outlets. |
| c. Presence/location of fire extinguishers. | g. Signs of patient/spouse smoking in bed |
| d. Water on the floor. | h. Broken handrails on stairways. |
11. You suspect that a client has been abused. What should you do?
- Tell a family member.
 - Call the hotline.
 - Call the nursing supervisor.
 - Discuss it with the patient.
12. Which of the following statements is correct?
- A full liquid diet can include milk and shebet.
 - A diabetic diet contains food high in sugar.
 - A low sodium diet contains foods such as ham.
 - A clear liquid diet includes tea, Jell-O and ice cream.
13. When moving a resident it is important to consider the patient's _____?
- Comfort.
 - Privacy.
 - Safety.
 - All the above.
14. What is the recommended daily fluid intake for an adult?

- a. 6-8 8 ounce glasses.
- b. 2-4 8 ounce glasses.
- c. 3 quarts a day.

15. Good sources of protein are:

- a. Beans, peanut butter and eggs.
- b. Potatoes and noodles.
- c. Green salad and cooked greens.
- d. Apples and oranges.

16. A resident with _____ may not remember things from one minute to the next.

- a. Dentures.
- b. Alzheimer's.
- c. Epilepsy.
- d. Parkinson's.

17. Symptoms of stroke include:

- a. Sudden weakness to one side of the body.
- b. Slurred speech.
- c. Facial drooping.
- d. Confusion.
- e. All of the above.

18. True or False: Water on the floor is a safety hazard?

_____ True _____ False